

# SAFE SPACES -

## SUPPORT GROUP FOR GRIEVING LOVED ONES

A safe place for your heart to begin healing...

### FREE AND OPEN TO THE PUBLIC

# **EVERY OTHER MONDAY from 6pm to 8pm**

Positive Change Academy, 1101 Delaware Street, New Castle, DE 19720

## **Upcoming events include:**

Canvas painting, Alcohol Ink design, Poetry, Meditation & Yoga & more!

### **Group Dates: Every other Monday**

 $(12.23.19 \lor 1.6.20) (1.20.20 \lor 2.3.20) (2.17.20 \lor 3.2.20) (3.16.20 \lor 3.30.20)$ 

 $(4.13.20 \lor 4.27.20) (5.11.20 \lor 5.25.20) (6.8.20 \lor 6.22.20)$